

Chapel View Field View

Care Homes

Sample Menu

Week Three	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Fruit Juice Tinned Fruit Porridge Choice of Cereal Toast with Marmalade/ Jam	Fruit Juice Tinned Fruit Porridge Choice of Cereal Toast with Marmalade/ Jam	Fruit Juice Tinned Fruit Porridge Choice of Cereal Toast with Marmalade/ Jam	Fruit Juice Tinned Fruit Porridge Choice of Cereal Toast with Marmalade/ Jam	Fruit Juice Tinned Fruit Porridge Choice of Cereal Toast with Marmalade/ Jam	Fruit Juice Tinned Fruit Porridge Choice of Cereal Toast with Marmalade/ Jam	Fruit Juice Tinned Fruit Porridge Choice of Cereal Toast with Marmalade/ Jam
Mid - Morning Snack	Choice of Home Made Snacks and Cakes	Choice of Home Made Snacks and Cakes	Choice of Home Made Snacks and Cakes	Choice of Home Made Snacks and Cakes	Choice of Home Made Snacks and Cakes	Choice of Home Made Snacks and Cakes	Choice of Home Made Snacks and Cakes
Lunch	Chicken Casserole Potatoes Seasonal Veg Gravy	Meat & Potato Pie Seasonal Veg Gravy	Gammon & Pineapple Potatoes Seasonal Veg Gravy	Braising Steak Potatoes Seasonal Veg/ Salad	Fried or Steamed Fish Chips/Mash Potatoes Mushy Peas Parsley Sauce	Cottage Pie Seasonal Veg Gravy	Roast Beef Yorks Puds Potatoes Seasonal Veg Gravy
Dessert	Bread & Butter Pudding	Chocolate Sponge & Custard	Fruit Crumble & Custard	Pineapple Upside Down Cake & Cream	Banana's in Custard	Syrup Sponge & Custard	Rice Pudding
Mid - Afternoon Snack	Choice of Home Made Snacks and Cakes	Choice of Home Made Snacks and Cakes	Choice of Home Made Snacks and Cakes	Choice of Home Made Snacks and Cakes	Choice of Home Made Snacks and Cakes	Choice of Home Made Snacks and Cakes	Choice of Home Made Snacks and Cakes
Tea	Cheese on Toast Assorted Sandwiches	Assorted Sandwiches	Cheese & Egg Bake and Bread & Butter Assorted Sandwiches	Crumpets Assorted Sandwiches	Toasted Fruit Teacakes Assorted Sandwiches	Jacket Potatoes with Cheese/ Beans or Butter Assorted Sandwiches	Salad with Buffet Tea Assorted Sandwiches
Dessert	Homemade Cakes	Homemade Cakes	Homemade Cakes	Homemade Cakes	Homemade Cakes	Homemade Cakes	Homemade Cakes
Supper	Milky Drinks Snacks, Yoghurts	Milky Drinks Snacks, Yoghurts	Milky Drinks Snacks, Yoghurts	Milky Drinks Snacks, Yoghurts	Milky Drinks Snacks, Yoghurts	Milky Drinks Snacks, Yoghurts	Milky Drinks Snacks, Yoghurts